
Individual Meet Entries Report

2009 SI WSST ABC All Ages - South 24-Oct-09 to 25-Oct-09 Yards

Location: La Jolla, CA

Golden Wave Swim Team [GWST-SI]

2908 Lake Breeze Ct.

Spring Valley, CA 91977

619-303-3566

goldenwavecoach@cox.net

# 3 Female 9-10 50 Free Nowlen, Malia B (9)	41.02Y	# 73 Female 10 & Under 100 Free Nowlen, Malia B (9)	1:37.28Y
# 5 Female 11-12 50 Free Kremer, Lauren M (12) Horn, Elizabeth R (11)	31.80Y 33.77Y	# 76 Male 11-12 100 Breast Thompson, Ben J (11)	1:34.24Y
# 6 Male 11-12 50 Free Thompson, Ben J (11)	32.85Y	# 77 Female 10 & Under 100 Breast Nowlen, Malia B (9)	1:59.72Y
# 9 Female 9-10 100 IM Nowlen, Malia B (9)	2:02.09Y	# 79 Female 11-12 100 Back Kremer, Lauren M (12)	NT
# 11 Female 11-12 100 IM Horn, Elizabeth R (11) Kremer, Lauren M (12)	NT NT	# 81 Female 10 & Under 100 Back Nowlen, Malia B (9)	NT
# 12 Male 11-12 100 IM Thompson, Ben J (11)	1:22.06Y	# 84 Male 11-12 200 IM Thompson, Ben J (11)	NT
# 17 Female 11-12 50 Back Horn, Elizabeth R (11) Kremer, Lauren M (12)	NT NT		
# 21 Female 9-10 50 Breast Nowlen, Malia B (9)	56.26Y		
# 23 Female 11-12 50 Breast Horn, Elizabeth R (11)	NT		
# 24 Male 11-12 50 Breast Thompson, Ben J (11)	41.06Y		
# 29 Female 11-12 50 Fly Kremer, Lauren M (12)	NT		
# 30 Male 11-12 50 Fly Thompson, Ben J (11)	39.22Y		
# 67 Female 11-12 100 Fly Kremer, Lauren M (12)	NT		
# 71 Female 11-12 100 Free Kremer, Lauren M (12)	1:14.97Y		
# 72 Male 11-12 100 Free Thompson, Ben J (11)	1:10.80Y		

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Female IE's:	17	Total Athletes:	4
Male IE's:	7		
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Total IE's:	24		