

## Individual Meet Entries Report

**Post JO-Max Meet HSA SI-South 05-Mar-10 to 07-Mar-10 Yards**

**Location: El Cajon, CA**

**Golden Wave Swim Team [GWST-SI]**

**2908 Lake Breeze Ct.**

**Spring Valley, CA 91977**

**619-303-3566**

**goldenwavecoach@cox.net**

<b>FEMALE</b>
---------------

<b>Avalos, Marina L (10)</b>			# 111	Female 11-12 100 Free	1:13.46Y
# 9	Female 9-10 100 IM	1:27.84Y	<b>Jones, Mary Kay (12)</b>		
# 25	Female 9-10 100 Breast	1:38.00Y	# 11	Female 11-12 100 IM	1:27.31Y
# 35	Female 9-10 50 Free	33.80Y	# 27	Female 11-12 100 Breast	1:40.48Y
# 83	Female 9-10 100 Fly	NT	# 37	Female 11-12 50 Free	33.45Y
# 101	Female 9-10 200 IM	3:38.95Y	<b>Kremer, Lauren M (13)</b>		
# 109	Female 9-10 100 Free	1:15.00Y	# 3	Female 13-14 1000 Free	NT
<b>Cunningham, Megan (16)</b>			# 21	Female 13-14 200 Free	NT
# 23	Female 15-18 200 Free	2:25.95Y	# 29	Female 13-14 100 Breast	NT
# 41	Female 15-18 50 Free	30.76Y	# 39	Female 13-14 50 Free	31.48Y
# 59	Female 15-18 100 Back	1:17.96Y	# 105	Female 13-14 200 IM	NT
# 99	Female 15-18 200 Back	2:43.97Y	# 125	Female 13-14 1650 Free	NT
# 115	Female 15-18 100 Free	1:05.86Y	<b>Logsdon, Madison C (8)</b>		
# 127	Female 15-18 1650 Free	NT	# 7	Female 8 & Under 100 IM	2:01.36Y
<b>Golden, Jordan G (10)</b>			# 33	Female 8 & Under 50 Free	51.38Y
# 9	Female 9-10 100 IM	NT	# 43	Female 8 & Under 50 Fly	NT
# 25	Female 9-10 100 Breast	1:53.24Y	# 73	Female 8 & Under 50 Breast	1:03.02Y
# 35	Female 9-10 50 Free	41.17Y	# 91	Female 8 & Under 50 Back	59.17Y
# 75	Female 9-10 50 Breast	49.68Y	<b>Nowlen, Malia B (9)</b>		
# 83	Female 9-10 100 Fly	NT	# 9	Female 9-10 100 IM	1:42.96Y
# 93	Female 9-10 50 Back	47.67Y	# 25	Female 9-10 100 Breast	1:51.76Y
<b>Gunther, Abby (5)</b>			# 35	Female 9-10 50 Free	39.27Y
# 33	Female 8 & Under 50 Free	49.82Y	# 75	Female 9-10 50 Breast	46.82Y
# 91	Female 8 & Under 50 Back	1:04.45Y	# 93	Female 9-10 50 Back	47.10Y
# 109	Female 9-10 100 Free	1:54.52Y	# 109	Female 9-10 100 Free	1:27.73Y
<b>Gunther, Jordyn K (9)</b>			<b>Ross, Nicole H (15)</b>		
# 9	Female 9-10 100 IM	1:32.62Y	# 23	Female 15-18 200 Free	2:19.27Y
# 35	Female 9-10 50 Free	36.51Y	# 41	Female 15-18 50 Free	29.67Y
# 53	Female 9-10 100 Back	1:42.56Y	# 59	Female 15-18 100 Back	1:13.59Y
# 75	Female 9-10 50 Breast	46.79Y	# 99	Female 15-18 200 Back	2:40.55Y
# 93	Female 9-10 50 Back	42.51Y	# 115	Female 15-18 100 Free	1:03.42Y
# 109	Female 9-10 100 Free	1:32.01Y	# 127	Female 15-18 1650 Free	NT
<b>Higginson, Michaela (6)</b>			<b>Snew, Amanda L (16)</b>		
# 33	Female 8 & Under 50 Free	NT	# 23	Female 15-18 200 Free	2:07.48Y
# 91	Female 8 & Under 50 Back	NT	# 41	Female 15-18 50 Free	27.58Y
# 109	Female 9-10 100 Free	NT	# 59	Female 15-18 100 Back	1:10.02Y
<b>Holtzman, Ina M (12)</b>			# 71	Female 15-18 500 Free	5:41.13Y
# 11	Female 11-12 100 IM	1:30.98Y	# 115	Female 15-18 100 Free	58.75Y
# 37	Female 11-12 50 Free	35.19Y	# 127	Female 15-18 1650 Free	20:25.30Y
# 77	Female 11-12 50 Breast	NT			
# 95	Female 11-12 50 Back	42.63Y			
# 111	Female 11-12 100 Free	1:19.14Y			
<b>Horn, Elizabeth R (12)</b>					
# 11	Female 11-12 100 IM	1:27.31Y			
# 19	Female 11-12 200 Free	2:38.59Y			
# 37	Female 11-12 50 Free	32.71Y			
# 77	Female 11-12 50 Breast	48.68Y			
# 95	Female 11-12 50 Back	38.20Y			

---

**Individual Meet Entries Report****Post JO-Max Meet HSA SI-South 05-Mar-10 to 07-Mar-10 Yards****Golden Wave Swim Team [GWST-SI]****MALE****Converse, Joey (16)**

# 90	Male 15-18 100 Fly	NT
# 108	Male 15-18 200 IM	NT
# 116	Male 15-18 100 Free	57.24Y

**Hays, Jared (12)**

# 12	Male 11-12 100 IM	1:23.92Y
# 28	Male 11-12 100 Breast	1:38.90Y
# 38	Male 11-12 50 Free	33.14Y
# 78	Male 11-12 50 Breast	44.65Y
# 96	Male 11-12 50 Back	42.54Y
# 112	Male 11-12 100 Free	1:20.74Y

**Hays, Jonathan D (12)**

# 20	Male 11-12 200 Free	2:46.27Y
# 56	Male 11-12 100 Back	1:21.25Y
# 86	Male 11-12 100 Fly	NT
# 104	Male 11-12 200 IM	2:46.45Y
# 112	Male 11-12 100 Free	1:11.47Y

**Remmes, Danny (18)**

# 90	Male 15-18 100 Fly	1:03.41Y
# 116	Male 15-18 100 Free	55.10Y

---

## Individual Meet Entries Report

Post JO-Max Meet HSA SI-South 05-Mar-10 to 07-Mar-10 Yards  
Golden Wave Swim Team [GWST-SI]

Female IE's:	73
Male IE's:	16
<hr/>	
Total IE's:	89
Total Athletes:	18