
Individual Meet Entries Report

NCA A/B All ages Long Course Meet 23-Jul-10 to 25-Jul-10 LC Meters

Location: La Jolla, CA JCC

Golden Wave Swim Team [GWST-SI]

2908 Lake Breeze Ct.

Spring Valley, CA 91977

619-303-3566

goldenwavecoach@cox.net

FEMALE

Ross, Nicole H (16)

37 Female 100 Back

1:32.20L

41 Female 50 Free

35.80L

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MALE

Remmes, Danny (18)

# 34	Male 200 Free	2:15.56L
# 42	Male 50 Free	27.72L
# 46	Male 200 Fly	2:54.80L
# 76	Male 100 Free	1:01.28L
# 88	Male 100 Fly	1:07.90L

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Female IE's:	2
Male IE's:	5
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Total IE's:	7
Total Athletes:	2