



San Diego Imperial Swimming

2010 All-Star Team Qualifying Meet

PALOMAR COLLEGE POOL, SAN MARCOS- JANUARY 8-10, 2011

GIRLS		AGE		DIST/STROKE		BOYS	
A MIN						A MIN	
WARM UP 4:00 PM		FRIDAY, JAN 8, 2010		MEET STARTS 5:00PM			
1	12:37.00	11-OVER	1000 FREE	12:23.20	2		
THIS EVENT WILL NOT BE USED FOR CONSIDERATION FOR THE ALL-STAR TEAM							
WARM UP (SEE OVER)		SATURDAY, JAN 9, 2010		MEET STARTS 9:00AM			
3	2:42.00*	10-UNDER	500 FREE	2:41.80	4		
5	1:17.90**	12-UNDER	200 BACK	1:20.50**	6		
7	2:39.60	13-14	200 BACK	2:31.00	8		
9	2:33.80	15-OVER	200 BACK	2:23.90	10		
11	40.50	10-UNDER	50 BACK	40.40	12		
13	1:28.90	11-12	100 BREAST	1:29.00	14		
15	1:23.40	13-14	100 BREAST	1:19.10	16		
17	1:23.90	15-OVER	100 BREAST	1:15.80	18		
19	1:40.00	10-UNDER	100 BREAST	1:40.50	20		
21	1:16.10	11-12	100 FLY	1:18.20	22		
23	1:11.00	13-14	100 FLY	1:07.70	24		
25	1:11.10	15-OVER	100 FLY	1:05.10	26		
27	1:29.30	10-UNDER	100 FLY	1:29.40	28		
29	2:24.10	11-12	200 FREE	2:24.60	30		
31	2:16.10	13-14	200 FREE	2:10.90	32		
33	2:16.40	15-OVER	200 FREE	2:04.80	34		
35	1:14.70	10-UNDER	100 FREE	1:14.30	36		
37	2:46.20***	12-UNDER	400 IM	2:46.50***	38		
39	5:36.60	13-14	400 IM	5:18.20	40		
41	5:22.00	15-OVER	400 IM	5:01.20	42		
43	1:26.60	10-UNDER	100 IM	1:26.90	44		
45	30.70	11-12	50 FREE	30.80	46		
47	29.30	13-14	50 FREE	27.50	48		
49	29.30	15-OVER	50 FREE	26.50	50		
WARM UP (SEE OVER)		SATURDAY, JAN 10, 2010		MEET STARTS 9:00AM			
51	6:24.60	11-12	500 FREE	6:29.80	52		
53	5:59.60	13-14	500 FREE	5:48.60	54		
55	5:57.40	15-OVER	500 FREE	5:34.80	56		
57	2:42.00	10-UNDER	200 FREE	2:41.80	58		
59	1:28.90**	12-UNDER	200 BREAST	1:29.00**	60		
61	3:01.70	13-14	200 BREAST	2:50.80	62		
63	3:00.80	15-OVER	200 BREAST	2:43.00	64		
65	45.60	10-UNDER	50 BREAST	45.60	66		
67	1:16.10**	12-UNDER	200 FLY	1:18.20**	68		
69	2:40.50	13-14	200 FLY	2:33.30	70		
71	2:36.60	15-OVER	200 FLY	2:21.60	72		
73	38.30	10-UNDER	50 FLY	38.20	74		
75	1:17.90	11-12	100 BACK	1:20.50	76		
77	1:14.10	13-14	100 BACK	1:11.30	78		
79	1:14.50	15-18	100 BACK	1:08.20	80		
81	1:28.60	10-UNDER	100 BACK	1:28.70	82		
83	1:06.70	11-12	100 FREE	1:06.20	84		
85	1:03.40	13-14	100 FREE	59.60	86		
87	1:02.80	15-OVER	100 FREE	57.40	88		
89	3:06.50	10-UNDER	200 IM	3:07.40	90		
91	2:46.20	11-12	200 IM	2:46.50	92		
93	2:36.40	13-14	200 IM	2:29.00	94		
95	2:37.70	15-OVER	200 IM	2:21.70	96		
97	33.90	10-UNDER	50 FREE	34.10	98		

*10-UNDER 500 FREE, ENTER WITH SWIMMER'S BEST 200 FREE TIME

**11-12 USE BEST 100 TIMES TO ENTER THE 200 OF STROKE.

***11-12 USE BEST 200 IM TIMES TO ENTER THE 400 IM.

San Diego Imperial Swimming

2010 All-Star Team Qualifying Meet

PALOMAR COLLEGE POOL, SAN MARCOS - JANUARY 8-10, 2011

SANCTION: This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-10-05.

POOL: Palomar College Pool, 1140 W. Mission Rd., San Marcos, CA 92069. 25 yard, 8 lane pool with warm-up facilities. Outstanding snack bar available.

PARKING: Palomar College has a new policy for parking for visitors attending athletic events. You must park in lot 14 or you will be ticketed. Lot 14 is on Mission Road, just east of the campus access road (Comet Circle). The pool is a short walk up Comet Circle.

ELIGIBILITY: Open only to SI swimmers who hold a valid 2010 USA Swimming Card issued no later than 2:30pm on Wednesday, December 30, 2009. All USA Swimming registration numbers will be verified with the SWIMS registration database. Note: 2009 USA Swimming cards are expired for this meet!

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first 8 events of each session will close ½ hour before the start of the session.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event will be barred from their next individual event that day and will not be allowed to swim that race.
- **Distance Events.** These events will be swum fastest to slowest, alternating girls and boys heats for the 1000Y freestyle but not the 500Y freestyle. Swimmers in the 500 and 1000Y freestyle must provide their own timers, and a person to count laps and a lap counting device if desired.

ENTRIES: Swimmers may enter any number of events, but may only swim a maximum of 5 events per day. All entries must be submitted electronically using the Hy-Tek Team Manager system, and emailed to seanmary@aol.com with a paper copy and payment mailed separately. Event files may be downloaded from www.si-swimming.com

ENTRY TIMES: Submit swimmer's best recorded Short Course time in the event from this or the previous swim season. 10 & unders swimming in the 500 free must enter with their best 200 free time. 11-12 swimmers swimming in the 200 Fly, 200 Back and the 200 Breast must enter using their best 100 times; for the 400 IM they must enter with their best 200 IM time.

WARM-UP: Saturday and Sunday: North teams 7:15-8:00am. South teams 8:00-8:45am. An estimated meet timeline and team assignments will be published the week before the meet.

ENTRY FEES:

- Surcharge: \$5.00 per swimmer. Individual Entries: \$3.00 each.
- Late entries, IF ACCEPTED, will be charged double, including surcharge.
- Team entries must be paid with a single team check. Make all checks payable to: **SAN DIEGO-IMPERIAL SWIMMING**

San Diego Imperial Swimming

2010 All-Star Team Qualifying Meet

PALOMAR COLLEGE POOL, SAN MARCOS - JANUARY 8-10, 2011

ALL-STAR TEAM SELECTION RULES: SI Age group swimmers will be chosen for the 2010 All Star Team based upon the results of this meet. With the exception of the 1000 free, all the events will be swum in the All Star Tri meet with Central California and Sierra Nevada. The events are in the same order as the All Star meet.

- Team Selection - 8 girls & 8 boys will be selected for each age group: 10 & Under, 11-12, and 13-14. Swimmers must compete in at least 3 scorable events per day in order to be scored (the 1000Y free is not scored) .
- A swimmer's score is calculated as follows: Score one point per place in each event swum (only the top six are scored). DQ's are scored as number of swimmers in that event plus 1
- Two wins = automatic team selection. One win = selects up to 8th swimmer (the next highest place breaks ties)
- If above selects less than 8, then the next swimmer with the lowest point total is selected (highest finish breaks ties).
- The All-Star Team coaching staff reserves right to select team in the event of circumstances beyond those described.

DELIVERY:

- EMAIL: Must be received by Wednesday, December 30, 2009, to: seanmary@aol.com with paper copy & checks mailed within 24 hrs.
- MAIL: Must be postmarked no later than Tuesday, December 29, 2009, to:
Mary Redmond, 1335 Via del Oro, Fallbrook, CA 92028
- HAND DELIVERY: by 2:30pm Wednesday, December 30, 2009 to the SI Swimming Office - 1511 Morena Blvd, San Diego, CA 92110, or to Mary Redmond by 8:00pm.

QUESTIONS: Contact Mary Redmond, telephone: (760) 728-9244, fax (760) 728-9744, email: seanmary@aol.com

AWARDS: None.