

SOUTH BAY AQUATICS

AB All Ages Meet ★ June 25-27, 2010



Girls						Boys			
	B min	A min	Age	Dist/Stroke		A min	B min		
Warmup 4:00pm						Friday, June 25, 2010			
						Meet Starts 5:00pm			
1	6:18.80	5:47.30	12/Un	A/B	400 FREE	5:46.60	6:18.10	2	
3	23:13.30	21:17.20	12-Ov	A/B	1500 FREE	20:57.40	22:51.70	4	
Warmup 7:00am						Saturday, June 26, 2010			
						Meet Starts 8:30am			
MORNING SESSION									
5	3:19.30	3:02.70	10/U	A/B	200 FREE	3:02.40	3:19.00	6	
7	2:57.70	2:42.90	11-12	A/B	200 FREE	2:43.60	2:58.40	8	
9	1:50.30	1:41.00	10/U	A/B	100 BACK	1:41.30	1:50.50	10	
11	1:37.60	1:29.40	11-12	A/B	100 BACK	1:30.70	1:39.00	12	
13	54.70	45.60	8/U	A/B	50 FREE	44.40	53.30	14	
15	41.90	38.40	9-10	A/B	50 FREE	38.10	41.50	16	
17	38.00	34.90	11-12	A/B	50 FREE	34.40	37.60	18	
19	1:02.40	52.00	8/U	A/B	50 FLY	52.70	1:03.20	20	
21	47.20	43.20	9-10	A/B	50 FLY	43.10	47.00	22	
23	41.90	38.40	11-12	A/B	50 FLY	39.20	42.70	24	
25	2:02.40	1:52.20	10/U	A/B	100 BRST	1:52.90	2:03.10	26	
27	1:49.10	1:40.00	11-12	A/B	100 BRST	1:40.10	1:49.20	28	
AFTERNOON SESSION									
29	6:55.10	6:20.40	13-14	A/B	400 IM	6:00.20	6:33.00	30	
31	6:37.70	6:04.50	15-Ov	A/B	400 IM	5:41.70	6:12.80	32	
33	2:48.10	2:34.10	13-14	A/B	200 FREE	2:28.50	2:42.00	34	
35	2:46.20	2:32.30	15-Ov	A/B	200 FREE	2:21.80	2:34.70	36	
37	1:32.90	1:25.10	13-14	A/B	100 BACK	1:22.10	1:31.60	38	
39	1:32.20	1:24.40	15-Ov	A/B	100 BACK	1:18.60	1:25.80	40	
41	36.40	33.30	13-14	A/B	50 FREE	30.20	33.00	42	
43	35.80	32.80	15-Ov	A/B	50 FREE	29.80	32.50	44	
45	3:17.40	3:00.90	13-14	A/B	200 FLY	2:53.10	3:08.90	46	
47	3:13.00	2:56.90	15-Ov	A/B	200 FLY	2:40.30	2:54.80	48	
49	1:42.50	1:33.90	13-14	A/B	100 BRST	1:29.20	1:37.30	50	
51	1:43.20	1:34.60	15-Ov	A/B	100 BRST	1:25.60	1:33.40	52	
53	5:55.80	5:26.10	13-14	A/B	400 FREE	5:15.60	5:44.30	54	
55	5:47.60	5:18.70	15-Ov	A/B	400 FREE	4:59.20	5:26.40	56	
Warmup 7:00am						Sunday, June 27, 2010			
						Meet Starts 8:30am			
MORNING SESSION									
57	1:59.20	1:39.30	8/U	A/B	100 FREE	1:35.50	1:54.60	58	
59	1:32.00	1:24.40	9-10	A/B	100 FREE	1:23.90	1:31.60	60	
61	1:22.40	1:15.60	11-12	A/B	100 FREE	1:15.10	1:22.00	62	
63	1:10.30	58.60	8/U	A/B	50 BRST	57.10	1:08.50	64	
65	56.00	51.40	9-10	A/B	50 BRST	51.40	56.00	66	
67	50.20	46.00	11-12	A/B	50 BRST	45.60	49.80	68	
69	1:05.30	54.40	8/U	A/B	50 BACK	53.20	1:03.80	70	
71	50.60	46.40	9-10	A/B	50 BACK	46.30	50.50	72	
73	45.40	41.60	11-12	A/B	50 BACK	42.00	45.80	74	
75	1:49.70	1:40.50	10/U	A/B	100 FLY	1:40.70	1:49.80	76	
77	1:35.30	1:27.30	11-12	A/B	100 FLY	1:28.10	1:36.10	78	
79	3:49.30	3:30.20	10/U	A/B	200 IM	3:31.20	3:50.40	80	
81	3:25.00	3:07.90	11-12	A/B	200 IM	3:08.20	3:25.30	82	
AFTERNOON SESSION									
83	1:18.50	1:11.90	13-14	A/B	100 FREE	1:07.90	1:14.00	84	
85	1:17.80	1:11.30	15-Ov	A/B	100 FREE	1:04.50	1:10.30	86	
87	3:43.00	3:24.40	13-14	A/B	200 BRST	3:15.20	3:33.00	88	
89	3:41.90	3:23.40	15-Ov	A/B	200 BRST	3:03.70	3:20.40	90	
91	3:19.60	3:02.80	13-14	A/B	200 BACK	2:53.30	3:09.20	92	
93	3:12.70	2:56.50	15-Ov	A/B	200 BACK	2:45.50	3:00.70	94	
95	1:27.60	1:20.30	13-14	A/B	100 FLY	1:16.70	1:23.60	96	
97	1:26.40	1:19.20	15-Ov	A/B	100 FLY	1:13.90	1:20.60	98	
99	3:13.40	2:57.30	13-14	A/B	200 IM	2:49.00	3:04.30	100	
101	3:12.00	2:56.00	15-Ov	A/B	200 IM	2:41.00	2:55.70	102	
103	12:31.70	11:29.00	13-Ov	A/B	800 FREE	11:01.20	12:01.30	104	

FOUR EVENTS PER DAY LIMIT!

SOUTH BAY AQUATICS

AB All Ages Meet ★ June 25-27, 2010

SANCTION: This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-10-22.

POOL: National City Municipal Pool, 1800 East 22nd Street, National City, CA. (619) 336-6758. 50-meter, 8 lane pool with limited warm-up area. Colorado timing and scoreboard in use. The minimum water depth, measured in accordance with Article 103.2.3, is 4 feet, 0 inches at the start end and 4 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Full snack bar available.

ELIGIBILITY: Open to SI and Out-of-District USA swimmers who hold a valid 2010 USA Swimming Card issued no later than 2:30 pm on Thursday, June 17, 2010. All USA Swimming registration numbers will be verified with the SWIMS registration database.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Friday check-in closes at 4:30pm. Check-in for the first 8 events in each session on Sat/Sun will close ½ hour before the start of each session. The balance of events will close at start of each session.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event will be barred from their next individual event and will not be allowed to swim that race.
- **Distance Events.** (400 Free, 800 Free, 1500 Free) These events will be swum fastest to slowest, alternating girl's and boy's heats. Swimmers must provide their own timers, and a person to count laps and a lap counting device if desired.
- **Entry Limit.** Swimmers may enter any number of events, but may only swim in a maximum of 4 individual events per day.

ENTRIES: All entries must be submitted electronically using Hy-Tek Team Manager Lite or Team Manager, with a paper copy included. Event files can be uploaded from www.si-swimming.com. Email entries and a PDF backup to swim3mom@gmail.com with the team check mailed within 48 hours. We will confirm by e-mail that we received your e-mailed entries.

WARM-UP: Assigned warm-ups, an estimated timeline and team timing assignments will be posted at www.southbayaquatics.org prior to the start of the meet.

ENTRY TIMES: Submit Long Course times for this long course meet. Times must be recorded times from this or the previous swim season. NT (no time) entries will not be accepted.

ENTRY FEES:

- Surcharge: \$5.00 per swimmer. Individual Entries: \$3.00 each. Team entries (5 or more swimmers) not submitted electronically: \$6.00 each.
- Late entries, IF ACCEPTED, will be charged double, including surcharge.
- Team entries must be paid with a single check. Make checks payable to: **SOUTH BAY AQUATICS**

DELIVERY: Entries must be postmarked no later than Wednesday, June 16, 2010.

- Mail to Tina Stolzoff, 3495 Olive Street, San Diego, CA 92104.
- Or emailed to: swim3mom@gmail.com with check mailed within 24 hours.
- Entries may be hand delivered by 2:30 pm Thursday, June 17, 2010 to the SI Swimming Office: 1511 Morena Blvd, San Diego CA 92110, or to Paradowski's Swim & Sport, 7962 Convoy Court, San Diego.

QUESTIONS: Tina Stolzoff Telephone: 619.550.6137, or email: swim3mom@gmail.com

AWARDS: A Events: Medals 1-3, ribbons 4-8. B Events: Ribbons: 1-8.