

FALLBROOK ASSOCIATED SWIM TEAM

B/C ALL AGES MEET ★ JANUARY 14-15, 2012



Girls						Boys		
	B min	A min	Age	Dist/Stroke		A min	B min	.
Warmup 7:30am						Saturday, January 14, 2012		
						Meet Starts 9:00am		
1	48.60	40.50	8/U	B/C	50 FREE	39.40	47.30	2
3	37.00	33.90	9-10	B/C	50 FREE	34.10	37.20	4
5	33.50	30.70	11-12	B/C	50 FREE	30.80	33.60	6
7	2:01.40	1:41.20	8/U	B/C	100 IM	1:38.50	1:58.20	8
9	1:34.40	1:26.60	9-10	B/C	100 IM	1:26.90	1:34.80	10
11	1:24.70	1:17.70	11-12	B/C	100 IM	1:17.70	1:24.70	12
13	57.80	48.10	8/U	B/C	50 BACK	46.80	56.30	14
15	1:36.80	1:28.60	10/U	B/C	100 BACK	1:28.70	1:37.00	16
17	1:25.20	1:17.90	11-12	B/C	100 BACK	1:20.50	1:28.00	18
19	1:02.80	52.30	8/U	B/C	50 BRST	51.00	1:01.20	20
21	49.80	45.60	9-10	B/C	50 BRST	45.60	49.80	22
23	44.50	40.80	11-12	B/C	50 BRST	41.00	44.80	24
25	55.60	46.30	8/U	B/C	50 FLY	47.00	56.40	26
27	1:37.40	1:29.30	10/U	B/C	100 FLY	1:29.40	1:37.60	28
29	1:23.00	1:16.10	11-12	B/C	100 FLY	1:18.20	1:25.30	30
31	2:56.80	2:42.00	10/U	B/C	200 FREE	2:41.80	2:56.50	32
33	2:37.20	2:24.10	11-12	B/C	200 FREE	2:24.60	2:37.80	34
35	-	-	10/U		200 MED RELAY	-	-	36
37	-	-	11-12		200 MED RELAY	-	-	38
2ND SESSION STARTS NO EARLIER THAN 30 MIN AFTER THE 1ST SESSION ENDS								
39	-	-	13-Ov		400 MED RELAY	-	-	40
41	2:28.40	2:16.10	13-14	B/C	200 FREE	2:10.90	2:22.80	42
43	2:28.80	2:16.40	15/Ov	B/C	200 FREE	2:04.80	2:16.20	44
45	2:55.10	2:40.50	13-14	B/C	200 FLY	2:33.30	2:47.30	46
47	2:50.90	2:36.60	15/Ov	B/C	200 FLY	2:21.60	2:34.40	48
49	3:18.20	3:01.70	13-14	B/C	200 BRST	2:50.80	3:06.40	50
51	3:17.30	3:00.80	15/Ov	B/C	200 BRST	2:43.00	2:57.80	52
53	1:21.00	1:14.10	13-14	B/C	100 BACK	1:11.30	1:18.00	54
55	1:21.50	1:14.50	15/Ov	B/C	100 BACK	1:08.20	1:14.50	56
57	31.90	29.30	13-14	B/C	50 FREE	27.50	30.00	58
59	31.90	29.30	15/Ov	B/C	50 FREE	26.50	28.90	60
61	6:07.30	5:36.60	13-14	B/C	400 IM	5:18.20	5:47.30	62
63	5:51.50	5:22.00	15/Ov	B/C	400 IM	5:01.20	5:28.80	64
Warmup 7:30am								
						Sunday, January 15, 2012		
						Meet Starts 9:00am		
65	6:59.50	6:24.60	12/U	B/C	500 FREE	6:29.80	7:05.30	66
67	37.40	34.30	11-12	B/C	50 FLY	34.50	37.70	68
69	41.80	38.30	9-10	B/C	50 FLY	38.20	41.60	70
71	1:12.70	1:06.70	11-12	B/C	100 FREE	1:06.20	1:12.20	72
73	1:21.50	1:14.70	10/U	B/C	100 FREE	1:14.30	1:21.00	74
75	1:37.00	1:28.90	11-12	B/C	100 BRST	1:29.00	1:37.10	76
77	1:49.10	1:40.00	10/U	B/C	100 BRST	1:40.50	1:49.70	78
79	39.60	36.20	11-12	B/C	50 BACK	36.60	40.00	80
81	44.30	40.50	9-10	B/C	50 BACK	40.40	44.20	82
83	3:01.30	2:46.20	11-12	B/C	200 IM	2:46.50	3:01.70	84
85	3:23.50	3:06.50	10/U	B/C	200 IM	3:07.40	3:24.50	86
87	-	-	11-12		200 FREE RELAY	-	-	88
89	-	-	10/U		200 FREE RELAY	-	-	90
2ND SESSION STARTS NO EARLIER THAN 30 MIN AFTER THE 1ST SESSION ENDS								
91	-	-	13/O		400 FREE RELAY	-	-	92
93	1:17.50	1:11.10	15/Ov	B/C	100 FLY	1:05.10	1:11.00	94
95	1:17.40	1:11.00	13-14	B/C	100 FLY	1:07.70	1:13.80	96
97	1:08.50	1:02.80	15/Ov	B/C	100 FREE	57.40	1:02.60	98
99	1:09.10	1:03.40	13-14	B/C	100 FREE	59.60	1:05.00	100
101	2:48.10	2:33.80	15/Ov	B/C	200 BACK	2:23.90	2:37.30	102
103	2:54.50	2:39.60	13-14	B/C	200 BACK	2:31.00	2:45.10	104
105	1:31.60	1:23.90	15/Ov	B/C	100 BRST	1:15.80	1:22.70	106
107	1:31.00	1:23.40	13-14	B/C	100 BRST	1:19.10	1:26.30	108
109	2:52.10	2:37.70	15/Ov	B/C	200 IM	2:21.70	2:34.70	110
111	2:50.90	2:36.60	13-14	B/C	200 IM	2:29.00	2:42.60	112
113	6:29.90	5:57.40	15/Ov	B/C	500 FREE	5:34.80	6:05.30	114
115	6:32.30	5:59.60	13-14	B/C	500 FREE	5:48.60	6:20.30	116

5 EVENTS PER DAY LIMIT

FALLBROOK ASSOCIATED SWIM TEAM

B/C ALL AGES MEET ★ JANUARY 14-15, 2012

SANCTION: This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-12-04.

MEET DIRECTOR: Mary Redmond, telephone: (760) 728-9244, fax (760) 728-9744, email: seanmary@aol.com

POOL: Fallbrook High School, Fallbrook, CA. 6-lane, 25 yard pool with a warm-up pool. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 3 feet, 6 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Snack bar available. Do not park in any red striped curb area. Additional parking is available in front of the High School.

ELIGIBILITY: Open to SI and Out-of-District USA swimmers who hold a valid 2012 USA Swimming Card issued no later than 2:30 pm on Thursday, January 5, 2012. All USA Swimming registration numbers will be verified with the SWIMS registration database.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first eight events in each session on Sat/Sun will close ½ hour before the start of each session. The balance of events will close at start of each session.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event will be barred from their next individual event and will not be allowed to swim that race.
- **Distance Events.** These events will be swum fastest to slowest. Swimmers in the 500 Y freestyle must provide their own timers, and a person to count laps and a lap counting device if desired.
- **Racing Starts.** All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **Timeline.** An estimated timeline and timing assignments will be posted on www.swimfast.com the Wednesday before the meet.

ENTRIES: All entries must be submitted electronically using the Hy-Tek Team Manager system, and emailed to seanmary@aol.com with a paper copy and payment mailed separately. Event files can be uploaded from www.si-swimming.com. All relays will be deck entered.

ENTRY TIMES: Submit Short Course Times only. Times must be recorded times from this or the previous swim season. Swimmers with no times use NT.

ENTRY FEES: Surcharge: \$5.00 per swimmer. Individual Entries: \$3.00 each. Relays: \$12.00 each. No refunds. Entries from a single team (10 or more swimmers) not submitted electronically: \$6.00 each. Late entries, IF ACCEPTED, will be charged double, including surcharge. Team entries must be paid with a single check.

Make all checks payable to: **Fallbrook Associated Swim Team**

DELIVERY:

- EMAIL: Must be received by Thursday, January 5, 2012, to: seanmary@aol.com with paper copy & checks mailed within 24 hrs.
- MAIL: Must be postmarked no later than Wednesday, January 4, 2012, to:
Mary Redmond, 1335 Via del Oro, Fallbrook, CA 92028
- HAND DELIVERY: by 2:30pm Thursday, January 5, 2012 to the SI Swimming Office - 1511 Morena Blvd, San Diego, CA 92110, or to Mary Redmond by 8:00pm.

AWARDS: B and C Events: Ribbons: 1-8. Relays: Ribbons 1-3.