



MISSION VALLEY YMCA

Freestyle Festival

SI South Division ★ September 25, 2011

	Girls		Age	Dist/Stroke	Boys			
	B Min	A Min			A min	B min		
Warmup 7:30am			Sunday, September 25, 2011			Meet Starts 9:00am		
1	-	-	6/Under		25 Free	-	-	2
3	21.70	18.10	7 – 8	ABC	25 Free	17.60	21.10	4
5	1:12.70	1:06.70	11 – 12	ABC	100 Free	1:06.20	1:12.20	6
7	1:21.50	1:14.70	9 – 10	ABC	100 Free	1:14.30	1:21.00	8
9	1:46.10	1:28.40	8/Under	ABC	100 Free	1:25.00	1:42.00	10
11	2:37.20	2:24.10	11 – 12	ABC	200 Free	2:24.60	2:37.80	12
13	2:56.80	2:42.00	9 – 10	ABC	200 Free	2:41.80	2:56.50	14
15	3:50.20	3:11.80	8/Under	ABC	200 Free	3:04.50	3:41.30	16
17	-	-	6/Under		50 Free	-	-	18
19	48.60	40.50	7 – 8	ABC	50 Free	39.40	47.30	20
21	37.00	33.90	9 – 10	ABC	50 Free	34.10	37.20	22
23	33.50	30.70	11 – 12	ABC	50 Free	30.80	33.60	24
25	6:59.50	6:24.60	12/Under	AB	500 Free	6:29.80	7:05.30	26
Afternoon Session								
27	1:08.50	1:02.80	15/Over	ABC	100 Free	57.40	1:02.60	28
29	1:09.10	1:03.40	13 – 14	ABC	100 Free	59.60	1:05.00	30
31	2:28.80	2:16.40	15/Over	ABC	200 Free	2:04.80	2:16.20	32
33	2:28.40	2:16.10	13 – 14	ABC	200 Free	2:10.90	2:22.80	34
35	31.90	29.30	15/Over	ABC	50 Free	26.50	28.90	36
37	31.90	29.30	13 – 14	ABC	50 Free	27.50	30.00	38
39	6:32.30	5:59.60	13/Over	AB	500 Free	5:48.60	6:20.30	40

Note: the 8/Under and 9-10 200 free have minimum time standards.
the 12/u & 13/ov 500 free also have a minimum time standard.

Mission Valley YMCA Freestyle Festival

SI South Division Teams - September 25, 2011

SANCTION: This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-11-35.

MEET DIRECTOR: Kyle Broderick. Tel: 619-298-3576, ext. 11229, or email: kbroderick@ymca.org.

POOL: Bruce Hazard Pool – Mission Valley YMCA, 5505 Friars Rd, San Diego, CA 92110. Telephone: (619) 298-3576. 8 lane, 25 yd pool with separate warm-up/warm-down pool available. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 0 inches at the start end and 7 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4).

ELIGIBILITY: Open to SI South Division teams and Out-of-District USA swimmers who hold a valid 2011 USA Swimming Card issued no later than 2:30pm on Thursday, September 15, 2011. Be advised that seasonal USA Swimming registrations will not be valid for this meet. Swimmers with a disability are encouraged to participate. All USA Swimming registration numbers will be verified with the SWIMS registration database.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for all events on Friday and the first 4 events of Saturday and Sunday will close ½ hour before the start of the session. Check-in for the remainder of the session will close at the start of the session.
- **Racing Starts.** All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event will be barred from their next individual event and will not be allowed to swim that race.
- **Distance Events.** These events will be swum fastest to slowest, alternating girls and boys heats. Swimmers in the 500 Y freestyle must provide their own timers, and a person to count laps and a lap counting device if desired.

ENTRIES: Individual entries must be submitted electronically using the Hy-Tek Team Manager system, and emailed to kbroderick@ymca.org with a paper copy and payment mailed separately. Event files can be uploaded from www.si-swimming.com. All entries that do not show a current USA Swimming registration number will be rejected.

ENTRY TIMES: Submit Short Course times for this early season meet. Times must be the best recorded times in the event from this or the previous swim season.

ENTRY FEES:

- Surcharge: \$5.00 per swimmer. Individual Entries: \$3.00 each. No refunds.
- Late entries, IF ACCEPTED, will be charged double, including surcharge.
- Team entries must be paid with a single check. Entries received without payment may be rejected. Make team checks payable to: **MISSION VALLEY YMCA**

WARM-UP: Assigned warm-ups, an estimated timeline and team timing assignments will be posted at www.si-swimming.org the Wednesday before the meet.

DELIVERY:

- EMAIL: Must be received by Thursday, September 15, 2011, to: kbroderick@ymca.org with paper copy & team check mailed within 24 hours.
- MAIL: Must be postmarked no later than Wednesday, September 14, 2011 to:
Kyle Broderick; 5505 Friars Rd, San Diego, CA 92110
- HAND DELIVERY: by 2:30pm Thursday, September 15, 2011 to the SI Swimming office:
1511 Morena Blvd, San Diego CA 92110

AWARDS: Individual Events: A Events: Medals 1-3, Ribbons 4-8. B and C Events: Ribbons 1-8.