



**SAN DIEGO-  
IMPERIAL  
SWIMMING**

# **JUNIOR OLYMPIC LONG COURSE CHAMPIONSHIPS**

**JULY 28 -31, 2011  
CORONADO, CALIFORNIA**

**HOST: SAN DIEGO-IMPERIAL SWIMMING  
CHAMPIONSHIP COMMITTEE**



# SAN DIEGO - IMPERIAL SWIMMING LONG COURSE JUNIOR OLYMPICS JULY 28 - 31, 2011



Girls				Boys			
LCM	SCY	AGE	EVENT	SCY	LCM		
<b>Warmup 4:00pm</b>				<b>Thursday, July 28, 2011</b>		<b>Meet Starts 5:00pm</b>	
SWUM FASTEST TO SLOWEST, ALTERNATING FEMALE/MALE HEATS EVENTS MAY BE SWUM TOGETHER DEPENDING ON THE NUMBER OF ENTRIES							
1	20:35.89	20:10.89	13-14	1500 FREE	19:43.99	20:24.99	2
3	20:19.99	19:47.89	15-18	1500 FREE	18:33.19	19:19.99	4
<b>Warmup 7:00am</b>				<b>Friday, July 29, 2011</b>		<b>Meet Starts 9:00am</b>	
5	1:50.59	1:37.39	10&Un	100 BRST	1:43.59	1:54.19	6
7	1:36.19	1:23.59	11-12	100 BRST	1:27.79	1:40.59	8
9	1:29.99	1:17.69	13-14	100 BRST	1:16.29	1:28.09	10
11	1:26.29	1:14.89	15/Ov*	100 BRST	1:09.59	1:20.99	12
13	2:59.49	2:41.59	10&Un	200 FREE	2:48.99	3:02.49	14
15	2:35.19	2:17.89	11-12	200 FREE	2:22.99	2:40.19	16
17	2:26.99	2:07.29	13-14	200 FREE	2:06.79	2:23.49	18
19	2:20.59	2:02.89	15/Ov*	200 FREE	1:54.89	2:11.49	20
21	1:44.09	1:29.09	10&Un	100 FLY	1:38.89	1:53.19	22
23	1:24.09	1:13.29	11-12	100 FLY	1:18.39	1:29.09	24
25	1:17.39	1:07.99	13-14	100 FLY	1:06.79	1:15.59	26
27	1:12.39	1:04.39	15/Ov*	100 FLY	59.49	1:07.49	28
29	3:24.69	3:03.19	10&Un	200 IM	3:13.49	3:29.19	30
31	2:55.89	2:36.39	11-12	200 IM	2:44.39	3:02.59	32
33	2:46.79	2:27.39	13-14	200 IM	2:25.69	2:44.99	34
35	2:39.49	2:18.99	15/Ov*	200 IM	2:08.99	2:29.69	36
===== FINALS IN ABOVE ORDER =====							
37	10:25.99	9:08.19	13-14	800 F REL	9:02.79	10:20.79	38
39	10:07.99	---	15-18	800 F REL	---	9:34.99	40
<b>Warmup 7:00am</b>				<b>Saturday, July 30, 2011</b>		<b>Meet Starts 9:00am</b>	
41	6:02.39	5:10.99	13-14	400 IM	5:19.99	6:05.79	42
43	5:50.49	5:08.99	15/Ov*	400 IM	4:54.99	5:38.99	44
45	36.99	33.39	10&Un	50 FREE	34.09	37.59	46
47	32.29	28.99	11-12	50 FREE	29.99	33.39	48
49	31.09	27.39	13-14	50 FREE	26.39	29.89	50
51	29.99	26.39	15/Ov*	50 FREE	23.79	27.29	52
53	50.29	44.49	10&Un	50 BRST	46.89	52.59	54
55	43.29	38.79	11-12	50 BRST	39.89	45.79	56
57	3:13.39	2:47.99	13-14	200 BRST	2:47.79	3:14.99	58
59	3:07.79	2:42.99	15/Ov*	200 BRST	2:33.99	2:58.19	60
61	1:38.39	1:26.59	10&Un	100 BACK	1:31.59	1:42.19	62
63	1:24.79	1:13.59	11-12	100 BACK	1:17.89	1:27.69	64
65	1:19.99	1:08.99	13-14	100 BACK	1:08.49	1:18.79	66
67	1:16.19	1:05.79	15/Ov*	100 BACK	1:01.39	1:12.49	68
69	5:24.69	6:01.99	11-12	400 FREE	6:22.39	5:45.79	70
71	5:12.39	5:44.99	13-14	400 FREE	5:48.29	5:08.39	72
73	4:57.89	5:29.99	15/Ov*	400 FREE	5:15.99	4:45.99	74
===== FINALS IN ABOVE ORDER =====							
75	3:07.49	2:44.69	10&Un	200 M REL	2:49.79	3:12.29	76
77	2:39.79	2:19.99	11-12	200 M REL	2:24.49	2:44.19	78
79	5:25.99	4:42.39	13-14	400 M REL	4:37.99	5:16.99	80
81	5:14.99	-	15-18	400 M REL	-	4:55.99	82

SUNDAY EVENTS ON NEXT PAGE

Girls				Boys				
LCM	SCY	AGE	EVENT	SCY	LCM			
<b>Warmup 7:00am</b>				<b>Sunday, July 31, 2011</b>				<b>Meet Starts 9:00am</b>
83	2:45.99	2:22.99	15/Ov*	200 BACK	2:14.79	2:35.99	84	
85	2:51.29	2:27.99	13-14	200 BACK	2:29.59	2:49.49	86	
87	39.39	34.19	11-12	50 BACK	35.79	40.69	88	
89	45.39	39.69	10&Un	50 BACK	41.19	47.59	90	
91	1:04.49	56.69	15/Ov*	100 FREE	51.99	59.19	92	
93	1:07.39	59.49	13-14	100 FREE	58.29	1:05.29	94	
95	1:11.09	1:02.59	11-12	100 FREE	1:04.59	1:12.99	96	
97	1:22.29	1:14.29	10&Un	100 FREE	1:15.49	1:24.99	98	
99	2:50.49	2:25.99	15/Ov*	200 FLY	2:19.79	2:41.59	100	
101	3:02.99	2:33.59	13-14	200 FLY	2:31.99	2:51.99	102	
103	36.09	32.89	11-12	50 FLY	34.29	37.99	104	
105	43.79	38.99	10&Un	50 FLY	41.19	44.69	106	

800 FREE - FASTEST HEATS IN FINALS - SWUM TOGETHER, AWARDED SEPARATELY

107	10:39.89	11:31.69	13-14	800 FREE	11:34.19	10:44.99	108
109	10:32.99	11:15.99	15-18	800 FREE	10:55.39	9:59.89	110

===== FINALS IN ABOVE ORDER =====

111	2:40.99	2:20.79	10&Un	200 F REL	2:20.79	2:40.79	112
113	2:19.49	2:01.79	11-12	200 F REL	2:03.99	2:21.19	114
115	4:44.29	4:11.39	13-14	400 F REL	4:08.79	4:42.89	116
117	4:32.99	-	15-18	400 F REL	-	4:16.99	118

- Age 19 & over swimmers may swim in preliminary individual events only; they may not swim in finals or relays. They will be entered as exhibition swimmers.



# SAN DIEGO - IMPERIAL SWIMMING LONG COURSE JUNIOR OLYMPICS JULY 28 - 31, 2011

**HOST: SAN DIEGO-IMPERIAL SWIMMING CHAMPIONSHIP COMMITTEE**  
**MEET COORDINATOR: Mary Redmond (760) 728-9244, email: seanmary@aol.com**

**SANCTION:** This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-11-20.

**FACILITY:** Brian Bent Memorial Aquatics Complex, Coronado High School, 818 6<sup>th</sup> Street, Coronado CA 92118. Phone (619) 437-0227. 8 lane, 25 yard x 50 meter pool with separate 6 lane 25 yard warmup pool. Colorado timing and large digital scoreboard will be in use. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 0 inches at the start end and 7 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Full snack bar available.

**DIRECTIONS:** I-5 to Coronado Bridge (CA-75) exit, turn left at the first stoplight onto Orange Ave, turn right at 6<sup>th</sup> Street. Pool two blocks down on your left. Parking on streets surrounding schools.

**RULES:** Current SI Swimming and USA Swimming rules will govern the conduct of the meet, and will take precedence over errors/omissions on this meet announcement.

- a. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner at all times.
- b. Racing Starts: All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- c. In all events the swimmers **MUST** swim the qualifying time in the meet to score.
- d. Swimmers may enter any number of events for which they are qualified. No swimmer may compete in more than 3 individual events per day and in no more than 6 individual events for the meet.
- e. Each club may enter up to 2 relay teams in each relay event. To score, the time swum in the event must meet or better the minimum qualifying time.

**ELIGIBILITY:** This is a closed SI meet. All swimmers must be SI swimmers with a 2011 USA swimming card issued not later than Thursday, July 21, 2011. To enter, all swimmers, including relay-only swimmers, must have swum in one SI meet each season or 2 meets in the qualifying year (the swim season starting September 1, 2010).

**QUALIFICATION TIMES:** The qualification times are listed in this announcement. To enter, a swimmer must have met or bettered the qualifying times for each event: stroke and distance.

- a. **Swimmers who have met the short course yard time standard and not the long course time standard must enter their short course yard time. Swimmers who have met the long course time standard must enter their long course time. Swimmers will be seeded by long course time first, then short course yard time.**
- b. All qualification times must have been achieved since the first day of the preceding Long Course Championship Meet - August 19, 2011.
- c. Relay entry times: Enter at the best achieved relay time or best aggregate time at or faster than the time standard.

**VERIFICATION:** All entry times will be verified using the SWIMS database prior to the start of the meet. Coaches/teams that have provided an e-mail address will be notified of times not meeting the time standard. Swimmers not meeting the time standard for an event will be removed from the event.

**ENTRIES:** All entries, including relays and relay only swimmers, must be submitted electronically using Hy-Tek Team Manager or Hy-Tek Team Manager Lite software.

- a. Entry files **MUST** be emailed to Mary Redmond ([seanmary@aol.com](mailto:seanmary@aol.com)) and received by 5:00 pm Thursday, July 21, 2011. Include in the email a PDF copy of the **Entry Fee Report**, and the contact person's phone number and email address.
- b. A hardcopy list of entries sorted by **NAME** and a hardcopy **Entry Fee Report** must be included along with the team check for the entry fees. The entry report and fees may be either hand delivered or mailed to the SI Swimming Office as follows:
  - Mail: Entry Fees and Reports must be postmarked **NO LATER THAN Monday, July 18, 2011.**
  - Hand Delivery: Deliver by 2:30 pm Thursday, July 21, 2011 to:  
SI Swimming Office (All Sports), 1511 Morena Blvd, San Diego, CA 92110 Telephone (619) 275-1292
- c. **NO LATE OR TELEPHONE ENTRIES WILL BE ACCEPTED!** Entry changes will not be accepted after the closing date.

**ENTRY FEES**

- a. Surcharge for each swimmer, including relay only swimmers: \$7.00
- b. Individual Event Entry Fee: \$6.00
- c. Relay Entry Fee: \$16.00
- d. Even if entries are emailed directly to the meet coordinator, a *team check* for the fees must be received by the SI Swimming Office by the entry deadline - 2:30pm Thursday, July 21, 2011. Entries submitted without payment will be removed from the meet. Individual checks will not be accepted.  
**Make checks payable to: SAN DIEGO-IMPERIAL SWIMMING**

**MEET CONDUCT**

**CHECK IN:** This meet will be deck seeded. CHECK IN IS REQUIRED FOR ALL PRELIMINARY AND TIMED FINAL EVENTS. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Check in time for the events at the beginning of each session are listed below. Check in for all remaining events in a session will close at the session start time.

<u>DAY</u>	<u>EVENTS</u>	<u>EVENT CLOSING TIMES</u>	<u>SESSION START TIME</u>
THU	1-4	4:30 PM	5:00 PM
FRI	5-12	8:30 AM	9:00 AM
SAT	41-52	8:30 AM	9:00 AM
SUN	83-90	8:30 AM	9:00 AM

**SCRATCH PROCEDURES:**

**PRELIMS: DECLARATION OF EVENTS:** At the first check in for each day, a swimmer with more than 3 entered events for that day must select which 3 he/she wishes to swim that day and scratch the reminder. ALL SCRATCHES ARE FINAL - a swimmer may not re-enter a scratched event.

**FINALS:** A swimmer wishing to declare their intent to scratch from finals must sign the official scratch sheet within 30 minutes from the announcement of the preliminary results.

**LATE WITHDRAWAL FROM FINALS:** A swimmer who qualifies for the finals heat and did not scratch and wishes to withdraw from the event may do so without a No Show penalty only if: the swimmer involved notifies the referee, in person, 30 minutes before finals start, of his/her desire to withdraw and allow a re-seeding of the finals heat and is present for the finals at the time of the event involved.

**No Show Penalty.** Once checked in for an event, any swimmer who is a no show for the preliminary or timed finals heats of an event will be barred from their next individual event and will not be allowed to swim that race. A swimmer who is a no show for a finals heat for which he/she has qualified and has not scratched will be barred from competition for the remainder of the meet.

**BREAK BETWEEN HEATS AND FINALS:** The length of the break will be determined by the referee; but in any event will not be less than 90 minutes.

**FINALS:** The top 8 qualifiers from the preliminary heats will swim in finals. (9<sup>th</sup> – 16<sup>th</sup> places are determined on preliminary heats).

**RELAYS:** All relays are swum in event order in the finals. Relay cards will be due: Fri, Sat & Sun: 11:00 am. Relay cards received after 11:00 am will be seeded last.

**DISTANCE EVENTS:** The 800 Free and 1500 Free will be conducted as timed finals. Swimmers must provide their own timers and lap counters for the 800 Free and the 1500 Free.

- **1500 Freestyle:** These events will be seeded fastest to slowest in event order, alternating women and men. Events 1-4 may be combined based on the number of entries. They will be scored separately
- **800 Freestyle:** These events will be swum in event order. The fastest heat of each event will be swum in finals before the relays. The fastest heat will be determined by entered times.

**SCORING:** In all events the swimmers **MUST** swim the qualifying time in the meet to score. Scoring for the top 16 places shall be in the following manner:

INDIVIDUAL: 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1

RELAYS: 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2

**WARM UP TIMES AND ASSIGNMENTS:**

Thursday 4:00 PM Warm-up is only for swimmers in Thursday events

Fri, Sat & Sun 7:00 – 8:00 am 13/Ov All Teams

Fri, Sat & Sun 8:00 – 8:45 am 12/Un All Teams

