

FALLBROOK ASSOCIATED SWIM TEAM

12 & Over No Time Standards Meet (SC)

★ July 8-10, 2011 ★



Girls		Boys	
Warmup 4:00pm		Friday, July 8, 2011	
1	12 & Over	1650 Free	2
Warmup 7:30am		Saturday, July 9, 2011	
3	12 - 14	200 Free	4
5	15 & Over	200 Free	6
7	12 - 14	400 IM	8
9	15 & Over	400 IM	10
11	12 - 14	50 Breast	12
13	15 & Over	50 Breast	14
15	12 - 14	100 Fly	16
17	15 & Over	100 Fly	18
19	12 - 14	100 Back	20
21	15 & Over	100 Back	22
23	12 - 14	200 Breast	24
25	15 & Over	200 Breast	26
27	12 - 14	50 Back	28
29	15 & Over	50 Back	30
31	12 - 14	100 Free	32
33	15 & Over	100 Free	34
35	12 & Over	1000 Free	36
Warmup 7:30am		Sunday, July 10, 2011	
37	12 - 14	500 Free	38
39	15 & Over	500 Free	40
41	12 - 14	50 Fly	42
43	15 & Over	50 Fly	44
45	12 - 14	200 IM	46
47	15 & Over	200 IM	48
49	12 - 14	200 Back	50
51	15 & Over	200 Back	52
53	12 - 14	100 Breast	54
55	15 & Over	100 Breast	56
57	12 - 14	200 Fly	58
59	15 & Over	200 Fly	60
61	12 - 14	50 Free	62
63	15 & Over	50 Free	64

Notes: All events will be swum fastest to slowest. The distance freestyle events (1/2 and 35/36) will be swum fastest to slowest alternating women and men.

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SANCTION: This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-11-18.

MEET DIRECTOR: Mary Redmond. Tel: (760) 728-9244, or email: seanmary@aol.com.

POOL: Fallbrook High School, Fallbrook, CA. 6-lane, 25 yard pool with a warm-up pool. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 3 feet, 6 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Snack bar available. Do not park in any red striped curb area. Additional parking is available in front of the High School.

ELIGIBILITY: Open to SI and Out-of-District USA swimmers who hold a valid 2011 USA Swimming Card issued no later than 2:30 pm on Thursday, June 30, 2011. All USA Swimming registration numbers will be verified with the SWIMS registration database.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first eight events will close 30 minutes prior to the beginning of the session. Check-in for the remaining events will close at start of the session.
- **Racing Starts.** All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event, will be barred from their next individual event and will not be allowed to swim that race.
- **Distance Events.** The 500 Y Freestyle events will be swum fastest to slowest, alternating girls and boys heats. Swimmers in these events must also provide their own timers and lap counters.
- **Timeline.** Assigned warm-ups, an estimated timeline and team timing assignments will be posted on www.swimfast.com the Wednesday before the meet.

ENTRIES: All entries must be submitted electronically using the Hy-Tek Team Manager system, and emailed to seanmary@aol.com with a paper copy and payment mailed separately. Event files can be uploaded from www.si-swimming.com. All relays will be deck entered.

ENTRY TIMES: Submit Short Course Times only. Times must be the best recorded times from this or the previous swim season. Swimmers with no times use NT.

ENTRY FEES: Surcharge: \$5.00 per swimmer. Individual Entries: \$3.00 each. Entries from a single team (10 or more swimmers) not submitted electronically: \$6.00 each. Late entries, IF ACCEPTED, will be charged double, including surcharge. Team entries must be paid with a single check.

Make all checks payable to: **Fallbrook Associated Swim Team**

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DELIVERY:

- EMAIL: Must be received by Thursday, June 30, 2011, to: seanmary@aol.com with paper copy & checks mailed within 24 hrs.
- MAIL: Must be postmarked no later than Wednesday, June 29, 2011, to:
Mary Redmond, 1335 Via del Oro, Fallbrook, CA 92028
- HAND DELIVERY: by 2:30pm Thursday, June 30, 2011 to the SI Swimming Office - 1511 Morena Blvd, San Diego, CA 92110, or to Mary Redmond by 8:00pm.

AWARDS: Medals 1st-3rd, Ribbons 4th-8th.